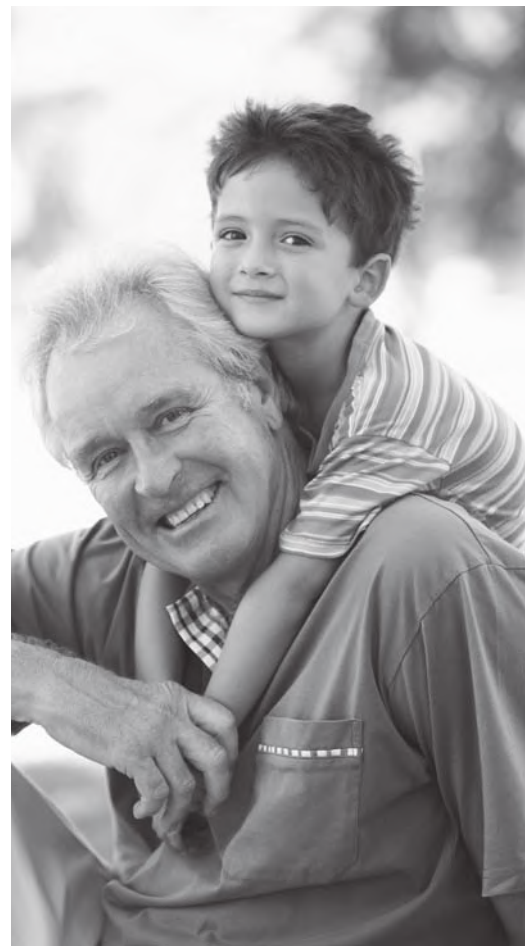


SENIOR CENTRES DIRECTORY 2011

Blenheim • Bothwell • Chatham • Merlin • Morpeth • Pain Court

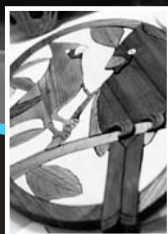
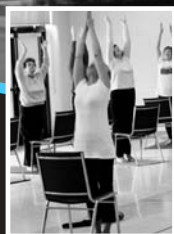


Ridgetown • Thamesville • Tilbury • Wallaceburg • Wheatley

SENIOR ADVISORY COMMITTEE OF THE MUNICIPALITY OF CHATHAM-KENT

ACTIVE LIFESTYLE CENTRE

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20 Merritt Ave., Chatham, ON N7M 6G9

Phone: 519.352.5633

Contact: Sue Williams

Email: suewilliams.alc@ciaccess.com

HOURS OF OPERATION

Monday - Friday 9:00am - 4:00pm
+ evening programs

www.activelifestylecentre.org

BLenheim & COMMUNITY SENIOR CITIZENS GROUP



90 Catherine St., Blenheim, ON N0P 1A0

Phone: 519.676.3894

Contact: Linda Stonehouse

Email: blenheim55@gmail.com

HOURS OF OPERATION

Monday - Friday 9:00am - 4:00pm
Wednesday - Friday 7:00pm - 10:00pm
Saturday - 1:00pm - 4:00pm

BOTHWELL SENIOR CITIZENS



Centre Address:

320 Main St. N Bothwell ON, N0P 1C0

Phone: 519.350.1977

Mailing Address: Box 399 Bothwell, ON N0P 1C0

Contact: Walter Matt Phone: 519.695.2096

HOURS OF OPERATION

Monday - Friday 9:00am - 12:00pm
Open some Sundays

MERLIN SENIOR CITIZENS FRIENDSHIP CLUB

Phone: 519.689.4943

Contact: George or Marg Darnley

Email: darnley@ciaccess.com

HOURS OF OPERATION

Tuesday 9:00am - 4:00pm



13 Erie Street South, Merlin ON N0P 1W0

MORPETH HERITAGE CLUB

12579 Talbot Trail, Morpeth, ON N0P 1X0



Phone: 519.678.3249

Contact: Bill Mardling

E-mail: bmarkling@sympatico.ca

Senior Games Contact: Anne McIntyre

Phone: 519.354.0187

Email: a.mcin@sympatico.ca

HOURS OF OPERATION

Thursday 1:30pm - 4:00pm



RIDGETOWN & AREA ADULT ACTIVITY CENTRE

19 Main St. W. Ridgeway ON N0P 2C0

Phone: 519.674.5126 **Contact:** Sharon Benishek

Email: ridgewaycentre@hotmail.com



HOURS OF OPERATION

Monday to Friday 9:00am to 4:30pm

Evenings as per program schedule

THAMESVILLE HAPPY CLUB



90 London Rd., Thamesville, ON N0P 2K0

Phone: 519.692.4546

Contact: Don Wright

Email: tvillehappyclub@gmail.com

HOURS OF OPERATION

Hours vary - Please call ahead

TILBURY LEISURE CENTRE T & DSACA

Phone: 519.682.1020

Contact: Bunnie Dejong

Email: tilburycentre1@hotmail.com



10 Canal St. W., Tilbury, ON N0P 2L0

HOURS OF OPERATION

Monday - Thursday 10:00am - 4:00pm

Friday 9:00am - 3:00pm

WALLACEBURG SENIOR CITIZENS CLUB INC.



205 James Street
Wallaceburg, ON
N8A 2N4

Phone: 519.627.6224
Contact: Marlene Rabideau

HOURS OF OPERATION

Monday - Friday 8:00am - 2:00pm
Friday Evening 7:00pm - 9:00pm

WHEATLEY & DISTRICT FRIENDSHIP CLUB



171 Erie St. N. Wheatley, ON N0P 2P0

Phone: 519.825.4870 Contact: Linda Wigfield

E-mail: friendshipclub@wavedirect.net

HOURS OF OPERATION

Monday, Tuesday, Thursday 9:00am - 7:00pm
Wednesday & Friday 1:00pm - 4:00pm
Saturday 1:00pm - 7:00pm

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459 St. Clair St.
Chatham, ON
519.351.2040

141 Park St.
Blenheim, ON
519.676.3451

www.mckinlayfuneralhome.com

LE CLUB DE L'AMITIE



10 Notre Dame St., Pain Court, ON N0P 1Z0
C.P. 116, Pain Court, ON N0P 1Z0

Phone: 519.354.1249

Contact: François Caron

Email: mfcaron@hotmail.com

HOURS/HEURES

Monday - Wednesday 1:00pm - 4:00pm

Qui peut devenir membre? Toute personne de 50 ans et plus. Même si vous êtes encore au travail, vous pouvez devenir membre de l'Age d'Or, afin de donner votre appui au Club de l'Amitié et à la Fédération des Aînés Francophones de l'Ontario.

Activités (Jeux de cartes)

Lundi - Mercredi 13h00 à 16h00 (1:00 - 4:00)

Célébration des fêtes et anniversaires - 1 fois par mois

- BBQ en Juin • Dîner de Noël • Dîner de partage (mois du patrimoine)
- Service de popote roulante sur demande
- Journées spéciales- santé pour aînés, information des services aux aînés, etc.
- Voyages organisés 2 à 3 fois par année avec les autres clubs de la région
- Participation aux 'Senior Games'

HISTORY / HISTOIRE

Mr. Edmond Chauvin a retired high school teacher, decided with a group of volunteers to establish the "Club de l'Amitié" in Pain Court in 1975. This club was one of the first French clubs to be founded in South Western Ontario. Mr. Chauvin also helped to begin other French clubs in Grande Pointe, Pointe aux Roches and Windsor.

His goal was to unite all francophones so that they could preserve their language, their culture and their traditions.

The Parish of Immaculée Conception in Pain Court offered this group a small room in the church basement. For the last 35 years this club has been meeting on a weekly basis. We are affiliated with the Provincial headquarters in Ottawa: "La Fédération des Aînés Francophones de l'Ontario" (FAFO). There are over 13,000 members in this Federation.

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Senior Advisory Committee
of the Municipality of Chatham-Kent

C-K Seniors Portal

The Senior Advisory Committees purpose is to advise Council and community partners regarding ongoing, new, and/or priorities to matters of the quality of life of Senior Residents of The Municipality.

The Senior Advisory Committee has approved 4 members of the Community as delegates to the Committee of Council. Margaret Reed, Tilbury; Florence Crowder, Chatham; Joanne Boland, Chatham, and Cathy Telfer, President of the Retired Teachers of Ontario (District 33). This Committee will serve a four year term.

Senior Centre

Senior Centre	Representative	Alternate
Active Lifestyle Centre, Chatham.....	Sue Williams.....	Carol Stokley
Blenheim & Community Senior Citizens Group.....	Linda Stonehouse	Catherine McCrae
Bothwell Senior Citizens.....	Walter Matt	Leroy Carther
Le Club de l'Amitie (Friendship Club), Pain Court.....	Madeleine Pinsonneault.....	Francois Caron
Merlin Senior Citizens Friendship Club.....	George Darnley.....	Marg Darnley
Morpeth Heritage Club.....	Bill Mardling	George Prins
Ridgetown & Area Adult Activity Centre.....	Sharon Benishek	
Thamesville Happy Club.....	Don Wright.....	Frank Trainor
Tilbury Leisure Centre(Tilbury & District Senior Adult Centre Assoc.).....	Bunnie DeJong.....	Pat Bellaire
Wallaceburg Senior Citizens Club Inc.....	Peter Hensel	Marlene Rabideau
Wheatley & District Friendship Club.....	Linda Wigfield	Alma Edsall

The Senior Advisory Committee meets quarterly. The meetings dates will be posted on the Chatham-Kent website. The Public are welcome to attend, however, voicing concerns during the meeting is prohibited. Please contact Colleen Wilson 519.352.4823 ext. 6197 for more information. Please contact a representative from your are if you have an item you would like this committee to discuss.

www.chatham-kent-ca

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remedysrx@bellnet.ca

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Know You"

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www.heuvelmanschev.ca

***HOW TO BE ADMITTED TO LONG TERM CARE FROM THE COMMUNITY**

Individuals/Caregivers must contact the CCAC first:

- Contact your Case Manager at CCAC 519.436.2222, They will set up an appointment with you (and your representative) for consents to be signed and completion of the application. (If you do not have a Case Manager, contact the Intake Department at CCAC)
- CCAC authorizes all admission to long-term care; they ensure that applicants are eligible for long-term care/meet criteria established by legislation.
- Make appointments to tour the long-term care facilities
- The long term care facilities that you have chosen will receive your application; each facility will review your application and accept/decline admission to the home. Your name will be added to the wait list of the facilities you have chosen.

Documents requested at RVG upon admission:

- General Power of Attorney or Continuing Power of Attorney for Property
- Power of Attorney for Personal Care
- Birth Certificates
- Social Insurance Number
- Page of the new Resident's Last Will and Testament showing Executor and Law Firm
- Notice of Assessment for the previous tax year from Revenue Canada
- Identification and Information for any benefits the new Resident might have
- Void cheque if using pre-authorized payment
- Health Card

HOUSING

Support Housing

Chatham-Kent Social Housing	519.351.8573
(March of Dimes) Rent Supplement	519.351.8464
(Community Living) Rent Supplement	519.352.1174
Chatham-Kent Housing Authority	519.351.8573
Salvation Army Family Services	519.354.1430
Trillium Retirement Apts	519.351.5801

Retirement Resorts

Blenheim Community Village	519.676.8119
Caleb Village, Chatham	519.352.1660
Chatham Retirement Resort	519.351.7777
Hudson Manor, Tilbury	519.682.3366
Maple City Retirement Resort	519.354.7111
The Meadows of Wheatley	519.825.4694
Park Street Place, Dresden	519.683.4474
Residence on the Thames	519.351.7220
Serenity Chatham	519.354.2273
Blenheim	519.676.0700
St. Andrew's Residence	519.354.8103
Sunrise Park Lodge, Tilbury	519.682.0657
Sydenham Residence, Wallaceburg	519.627.0719
The Village, Ridgetown	519.674.5427

***Long Term Care Homes (see above)**

Blenheim Community Village	519.676.8119
Copper Terrace, Chatham	519.354.5442
Fairfield Park, Wallaceburg	519.627.1663
Meadow Park, Chatham	519.351.1330
Riverview Gardens, Chatham	519.352.4823
The Village, Ridgetown	519.674.5427
Tilbury Manor, Tilbury	519.682.0243

EMERGENCIES

If you need immediate assistance dial 911

Non-Emergency Calls

Ambulance Service	1.800.277.9931
Police	519.352.1234
Ontario Provincial Police	1.888.310.1122
Poison Information Centre	1.800.268.9017
Telehealth	1.866.797.0000

AREA HOSPITALS

Chatham-Kent Health Alliance	
Chatham	519.352.6400
Wallaceburg	519.352.6400
Four Counties (Newbury)	519.693.4441
Bluewater Health (Petrolia)	519.882.4325
Leamington Hospital	519.326.2373

**TO FIND A DOCTOR
IN ONTARIO
1.800.445.1822**

TRANSPORTATION

Chatham Handi Bus	519.436.3233
CHAP, Chatham	519.354.6221
Erie Shores, Wheatley	513.326.9030
Helping Hands, Chatham	519.355.1654
Sports Medic	519.351.8680
Voyageur Patient Transfer Services	519.354.4441
Wallaceburg, Cadillac Cabs	519.627.2221

FOOD BANKS

Blenheim	519.676.3886
Chatham (Outreach For Hunger) (Salvation Army)	519.351.8381 519.354.1430
Dresden	519.683.6541
Ridgetown	519.674.2472
Tilbury	519.682.2268
Wallaceburg (Salvation Army) (St. Vincent de Paul)	519.627.8257 519.627.2013
Wheatley	519.825.7433

MEALS ON WHEELS:

Blenheim	(9-4 Kitchen) (before 3pm) (after 3pm)	519.676.3894 519.676.8119 519.676.2311
Bothwell	Diabetic Ed.Centre	800.561.1222 519.693.7111 Ex. 2489
Chatham		519.354.0791
	St. Andrew's Residence	519.354.8103
Dresden	N. Baptist V. Jackson	519.683.4892 519.683.4624
Ridgetown		519.674.2146 519.674.5427
Wheatley		519.326.0527

GROCERY DELIVERY

Ridgetown Foodland	519.674.5270
(\$3.00 in town, \$5.00 out of town - \$40.00 minimum)	
Harvey's Food Market Bothwell	519.695.2842
Sobey's Blenheim	519.676.9044
(Tuesday - place order before 10am)	
Sobey's Wallaceburg	519.627.9911
(Tuesdays- Place order before 11am - \$9.00 charge for in town, \$11.00 charge out of town)	
The Grocery Getters	519.365.6071
(8:00am - 6:00pm)	

SENIOR SUPPORT ORGANIZATIONS

Alzheimer's Society	519.352.1043
Brain Injury Association	519.351.0297
Canadian Cancer Society	519.352.3960
Canadian Diabetes Association	519.351.6020
Canadian Hearing Society	519.354.9347
Canadian Mental Health Association	519.351.6144
Heart & Stroke Foundation	519.354.6232
Kidney Foundation	519.352.0049
MS Society Blenheim	519.676.7420
MS Society Chatham	519.351.2008
Ontario March of Dimes	519.351.8464
Parkinson's Support Group	519.352.4366
Victorian Order of Nurses	519.352.5515
Women's Centre	519.354.6360

VARIOUS PROFESSIONAL SERVICES

RPN Foot care specialist	519.695.2996
Bev Anderson	

Call any of the senior centres in this publication for a complete list of reputable tradespeople within your area.
(Plumbers, electricians, etc.)

This booklet was created by the Senior Advisory Committee. Please contact Deana Ross at 519.352.4823 ex. 6119 for advertising opportunities or additional information about this publication.



"Seniors are important people in any society," said Mayor Randy Hope, "and in Chatham-Kent we believe it is a high priority for seniors to have easy access to all the services and information they need. A community service directory, especially for seniors, is a great idea! I wish the project well".

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C-K SENIOR GAMES EVENTS



**WE ARE PROUD TO ANNOUNCE THE 2011
SOUTH WESTERN REGIONAL SENIOR GAMES WILL
BE HELD IN CHATHAM-KENT ON SEPTEMBER 1ST!**

Ontario Senior Games Mission

To provide older adults (55+) in Ontario with an opportunity to:

- increase their social interaction with others,
- increase their physical and mental well-being,
- maintain and enhance their psychological and physiological well-being through participation in recreational activities and sports.

Chatham-Kent Successfully hosted the 2009 South Western Regional Senior Games September 3rd. Over 750 participants from the South Western Region competed in 18 physically and mentally active events!

Chatham-Kent is proud to announce that we will be hosting the 2011 South Western Regional Senior Games on September 1st. Due to the success of 2009 it is anticipated that our participation for 2011 could possibly double! We are honoured to have the opportunity to host the Regional games back to back.

Chatham-Kent Senior Games is just one of 41 Districts in Ontario for more information on the Ontario Senior Games Association go to <http://www.ontarioseniorgames.ca/home/> check out Winterfest and Actifest Provincial competitions!

Chatham-Kent is hosting the district qualifying events from April – June, medal winners will have the opportunity to advance to the South Western Regional Senior Games September 1st .

For additional information on participating in the 2011 events, or volunteer & sponsorship opportunities, please visit www.ckseniorgames.com or contact: DeanaLee Ross, Chatham-Kent Senior Games District 33a Coordinator, 519-352-4283 ext 6119, Cell: 519-365-3067 e-mail: district33a@ontarioseniorgames.ca

"Man does not cease to play because he grows old...He grows old because he ceases to play."

- George Bernard Shaw





When individuals contact Riverview Gardens to enquire how their loved one can become a Resident of Riverview Gardens, the first question to them will be, "Have they started the application process with the Community Care Access Centre (CCAC)". If the applicant is eligible, which means they actually require 24 hour supervision or nursing care, CCAC will ask the applicant or family member if they wish to tour the homes in the area. Once this has been done the applicant 'may' choose up to three homes. An applicant is 'not required' to choose three homes, nor can they be forced to choose more than one or two choices, or apply for an accommodation they can not afford. In some cases, it is not practical to assume that an elderly spouse has the means or ability to travel daily out of Chatham, to visit their loved one. In other cases, it may be personal preference to only want to apply to one Long term care home; and this is their right under the Long Term Care Act.

To reach CCAC - please call 519-436-2222 and ask for the intake department.

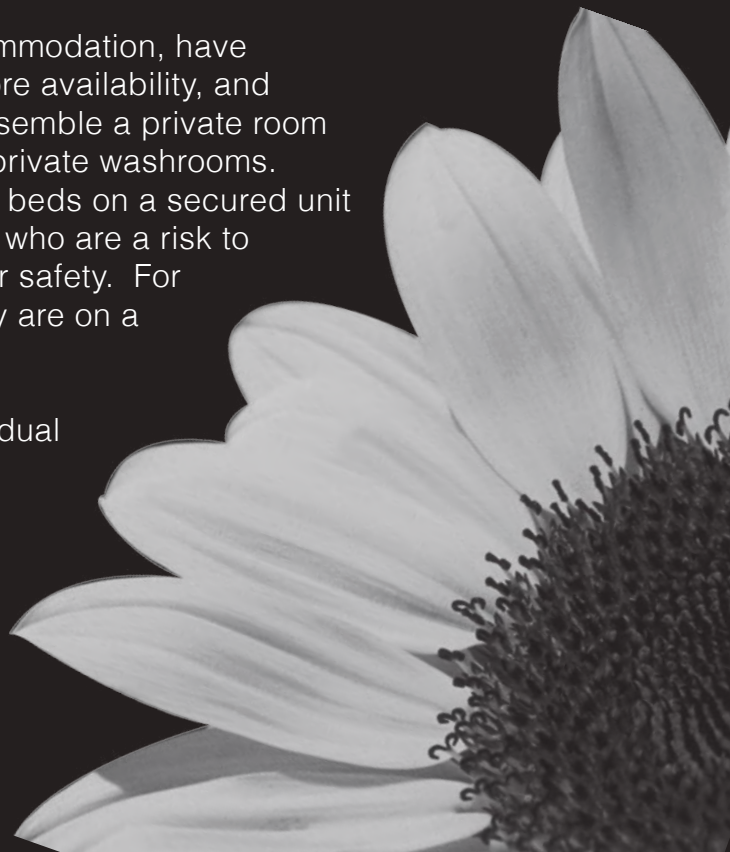
On a monthly basis, Riverview Gardens receives approximately 45 new applications or medical updates on individuals who are already on our wait list to become a Resident at our home. Assuming the applicant's medical needs can be met at Riverview Gardens, the social worker then advises CCAC that the applicant is accepted, and this is when they are placed on the Riverview Garden's wait list.

There are three types of accommodations at Riverview Gardens, and the longest wait is for a basic/ward accommodation. Our basic room is a large room with a half wall and curtain to separate the shared room and a bathroom that they share between them. There are only 60 basic rooms at our home and as such the wait list is at least 4 years long.

Applicants able to pay for a Private or Semi-Private Accommodation, have a much shorter wait of 2-4 months, which is a result of more availability, and less applicants. We have 80 Semi-Private rooms which resemble a private room with a shared washroom, leaving 180 private rooms with private washrooms. Fortunately for this community, Riverview Gardens has 64 beds on a secured unit for Residents with various forms of dementia. Individuals who are a risk to wander or exit seek, are placed on this unit to ensure their safety. For this population, the wait list is typically 1-2 months as they are on a separate wait list.

When CCAC makes a bed offer to an applicant, the individual or family member has a right to view the specific room offered, and they have 24 hours to accept. If they decline the offer, the applicant is taken off all waitlists, and they may start the application process again in 2 months.

If you wish to schedule a tour, please call 519-352-4823 ext: 6146 and ask for Jennifer Craig, Social Worker, to make arrangements.





Senior Advisory Committee
of the Municipality of Chatham-Kent

C-K Seniors Portal

You're invited to
The Senior Portal Launch Party

Thursday, April 21st, 2011
10:00am-2:00pm @ The Capitol Theatre

- Lots of Door Prizes
- Comedy Show by Sue Minns
- Lunch, Coffee, Tea & Desserts
- 15 Exhibitors



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